



# LAO BOAT RACING FESTIVAL 2019

## Team Registration Form

Tecolote Shores North, Mission Bay Park, San Diego, CA 92109

Saturday, September 14, 2019, 8 am – 5 pm

Registration Deadline: August 23, 2019

PLEASE PRINT. \*For team managers/captains registering more than one team, please submit separate registration form for each team.

Team Name: \_\_\_\_\_ Team Manager/Captain: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

### Please check ONE division per registration form

- If requested, Festival provides drummer, steerer, use of paddles & pfds; teams may use own paddles or own Coast-Guard-approved pfds
- All Festival teams submit team roster and waiver forms before Festival

OPEN DIVISION (18-paddler boat)..... \$500

WOMEN DIVISION (18-paddler boat)..... \$500

MIXED DIVISION (18-paddler boat).....\$500

**To qualify for a Mixed Division, at least 6 paddlers in a boat must be women.**

**Payment: Please check method of payment (all registrations must be accompanied by payment; no refunds after August 31, 2019; registration after August 23, add \$100 late fee):**

- Cash       Check - Payable to "Lao Community Cultural Center" or simply "LCCC"

Mail to Lao Community Cultural Center, Attention: Lao Boat Racing Festival, 12777 Benavente Way, San Diego, CA 92129

### Please note:

- All races are 250m; all paddlers wear appropriately fitted, Coast-Guard-approved pfds.
- Each team registers 18 paddlers\* (with 4 alternates); team captain; 1 drummer if any, 1 certified steerer if any (if no drummer or steerer, Festival will provide).  
*\*Must have a minimum of at least 16 paddlers on a boat.*
- Minimum 3 registered teams required to run a division.
- Festival reserves right to move team from one division to another for race scheduling purposes.
- Each participant must sign the group USDBF and Release of Liability Signature Page and follow general safety guidelines.
- No participant may paddle in more than one team per Division.
- Any crew that fails to observe the Rules and Regulations herein may be disqualified.
- Event Operator reserves the right to waive, amend and add to any of the Rules and Regulations.
- Wrist bands checked; time deduction penalties for infractions.

Team Captain & Team Manager are responsible for team & team participants; Team Captain & Team Manager must read & sign Disclaimer & Liability Release.

### DISCLAIMER AND LIABILITY RELEASE

I accept any and all responsibility for, and assume the risk of any and all injury or damage to myself and my team. As team captain/team manager, while my team is participating in the Lao Boat Racing Festival, during any practices, races or any events that take place as part of the Lao Boat Racing Festival, I hereby expressly release, discharge and hold harmless from any liability whatsoever any of the Lao Community Cultural Center and its directors, members, coaches and steerers, Festival Race Committee and its officers, members and volunteers, and the City of San Diego, its officers, directors, employees and agents, and any associated sponsors. This also includes any other sponsors and individuals and helpers whether salaried or voluntary. I certify that I have read, understood the contents of the liability release and disclaimer, and that it is my intention, by signing this form, that it is binding not only upon me but also upon my heirs, executors, administrators, successors and assigns.

Team Manager/Captain (Print Name): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Facebook: Lao Community Cultural Center of San Diego  
Website: lccc-sd.org    Email: team@laocommunity.org    Phone: (619) 315-1542



AMATEUR ATHLETIC  
**WAIVER AND RELEASE OF LIABILITY**

*READ BEFORE SIGNING SIGNATURE PAGE*

Event Name: Lao Boat Racing Festival

Event Date: September 14, 2019

**In consideration of being allowed to participate in any way in the UNITED STATES DRAGON BOAT FEDERATION (USDBF) and its affiliates' athletic sports program, the related event above and activities, the undersigned acknowledges, appreciates and agrees that:**

1. The risk of injury from the activities involved in this program is significant including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and;
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless the **UNITED STATES DRAGON BOAT FEDERATION (USDBF), Lao Community Cultural Center (LCCC) of San Diego, San Diego Dragon Boat Team, City of San Diego**, their officers, directors, coaches, steerers, volunteers, municipalities, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (Releasees), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the Releasees or otherwise.
5. I also acknowledge that photographs and video may be taken of me in my participation in, and attendance at this event, and hereby freely agree to allow without restriction all uses of such photos and videos in the reporting of this race, and/or in the promotion of this event, its location, other sporting events, sport in general, and/or related purposes.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING THIS AND DO SO VOLUNTARILY, WITHOUT INDUCEMENT.**

**FOR PARTICIPANT UNDER AGE 18 AT THE TIME OF REGISTRATION**

My Signature certifies that I, as parent/guardian with legal responsibility for this participant's, do consent and agree to his/her release as provided above, of all the releases, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

***Please sign the group USDBF and Release of Liability Signature Page.***



WAIVER AND RELEASE OF LIABILITY SIGNATURE PAGE

Name of Event: LAO BOAT RACING FESTIVAL 2019

Event Date: September 14, 2019

Name of Team: \_\_\_\_\_ Manager/Captain Name: \_\_\_\_\_

Email Address: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Address: \_\_\_\_\_

(Please print) Crew Member Name	Signer has read and agrees to terms of the waiver	Signature of parent or guardian if named person is under 18
<b>Team Manager</b>		
<b>Drummer</b>		
<b>Steerer</b>		
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19. (ALT)		
20. (ALT)		
21. (ALT)		
22. (ALT)		

# 2019 Lao Boat Racing Festival Rules & Regulations

**Official Race Jury:** San Diego Dragon Boat Team (SDDBT)

**Committee Race Jury:** Kenny Xayavong; Vannasing Keodara; Sane Chanthaphavong; Phet Rassavong

## **CAPTAIN'S MEETING:**

**Captain's meeting is on Saturday, 9/14/19 @ 8AM at the Gazebo Area**

**9AM – Team Parade Starts & Parade of Boat**

**Race starts at 10AM**

## **RACING RULES:**

In addition to the 9 rules specified in the Registration Form:

1. All races are 250m; all paddlers wear appropriately fitted, Coast-Guard-approved pfd's.
  2. Each team registers 18 paddlers\* (with 4 alternates); team captain; 1 drummer if any, 1 certified steerer if any (if no drummer or steerer, Festival will provide).  
*\*Must have a minimum of at least 16 paddlers on a boat.*
  3. Minimum 3 registered teams required to run a division.
  4. Festival reserves right to move team from one division to another for race scheduling purposes.
  5. Each participant must sign the group USDBF and Release of Liability Signature Page and follow general safety guidelines.
  6. No participant may paddle in more than one team per Division.
  7. Any crew that fails to observe the Rules and Regulations herein may be disqualified.
  8. Event Operator reserves the right to waive, amend and add to any of the Rules and Regulations.
  9. Wrist bands checked; time deduction penalties for infractions.
10. Team members with special medical conditions (especially heart conditions or asthma) must carry their medication with them at all times.
  11. All paddlers must be 12 years or older. All paddlers under the age of 18 must have a parent/guardian sign the waiver form. There is no restriction on paddler recruitment such as gender, ethnicity, religion, disability (or ability), etc.
  12. Wrist bands will be provided for all paddlers. Wristbands are to be worn on the **right** wrist. **Wrist bands will be distributed on Saturday morning at the captain's meeting.** From rule #9 above, 5 seconds per paddler will be applied if a delay is caused by not having a wrist band during loading.
  13. **From rule #6 above: No participant may paddle in more than one team per Division.** If a paddler is caught paddling on more than one team in the same division, both teams will be disqualified for the entire race.
  14. In order to keep races on schedule, the dock crew will not wait for any teams. Make sure your entire crew is ready to check in **30 minutes before your race** at the loading area. It is your responsibility to check the posted schedule.
  15. In case of time conflicts for your races (e.g., back to back races, concurrent races), please notify the officials at the loading area before your race.
  16. Teams will be disqualified if they are not prepared to load as a full team from back to front **on time.**
  17. During the marshaling process, teams should line up in two straight lines from back to front facing the launching area.
  18. From rule #1 above: All persons on the boat must properly wear an approved PFD at all times. Inflatables are not allowed. All clothing must be worn under PFDs for easy visual confirmation of proper PFD usage.
  19. After the boat leaves the beach, it cannot stop for any personnel changes. All launched boats are required to head immediately to the starting line. Detours are not permitted. **Boats that delay the starting of a race will be disqualified.**

20. The starter commands will be “Paddlers are you ready?” “Attention please” and horn. If your team is not ready at the “Paddlers are you ready?” command, your drummer should wave both arms to get the starter’s attention. There is no guarantee that the starter will wait.
21. Disregard of starter’s or umpires’ instructions may result in disqualification.
22. Upon finishing a race, each team must promptly return back to the boat launching area without causing delay for the next heat. A penalty of 5 seconds may be imposed to the boat causing the delay.
23. All **SDDBT** life jackets and paddles must be returned and must not leave the loading area after each race (penalty: 5 seconds per item).
24. All other penalties are decided by the race jury. Teams ignoring official’s call will be penalized by 5 seconds or will be disqualified.
25. A captain has before the start of the award ceremony (September 14<sup>th</sup>, estimated around 3:30 PM) to report an infringement or dispute a call, along with any supported evidence.

## **SCORING:**

The race heats, timing, scoring and all other related administration will be under the support of the [San Diego Dragon Boat Team](#).

**Race Heats:** Each team will compete in a minimum of 3 heats. Please check the schedule board during the festival for an updated schedule.

### **Crossing the Finish Line:**

- A boat has finished the race when the foremost part (head) of the boat crosses the finish line.
- The buoys will serve as a visual indication for the paddlers as the **approximate** finish line. Since they tend to drift with the tide and current, the race official and cameraman will use a pre-determined line between the two shores as the finish line – such as a stick in the sand from one shore and a tree on the other side of the bank.

### **Scoring:**

- The combined time from the 3 heats will be used to determine the overall score for each team.
- The top 3 teams from each division with the best combined time will advance to the final races (Division A). “Best” is defined as the shortest combined time.
- During the final races, all times from the heats will be disregarded and the teams will simply race for first, second, and third place in each division.
- The next 4 top teams from each division who did not make the top 3 will race in Division B for medals. Only the first place winner will be awarded medals.

### **Trophies and Medals:**

- Trophies and medals will be awarded to the top 3 teams from each division. Each winning team in Division A will receive 1 trophy and 24 medals for an 18-paddler boat.
- Medals will be awarded to winner of each Division B races. Each winning team in Division B will receive 24 medals for an 18-paddler boat.